

The background features a dark blue gradient with a starry pattern. On the left side, there are several circular diagrams illustrating motion. A large scale with tick marks and numbers from 140 to 260 is visible. Various circles and arcs are shown with arrows indicating direction, representing concepts like rotation and circular motion.

DESCRIBING MOTION

PES 1000 – PHYSICS IN EVERYDAY LIFE

MOTION IN ONE DIRECTION

- If an object can only move along a line, this is called **one-dimensional motion** (motion in one direction).
- We can use the sign of a numbered value to indicate direction along this line.
 - We choose one direction along the line and call that **positive**.
 - **Negative** is in the **opposite** chosen direction.

DISTANCE & POSITION

- **Distance:** the **length** of a straight- or curved- path from one point to another
 - Distance (or distance travelled) is a scalar value
 - Variable used: d or l or s or x
 - SI Units: meters (m)
 - US Customary Units: feet (ft)
- **Position:** the straight-line **distance** between two points AND the **direction** from the first to the second
 - Position is the vector version of distance
 - Variable used: \vec{r}
 - Units: meters or feet
 - Direction: compass direction (north east), angles (30 degrees to the left) or one of many other ways

SPEED & VELOCITY

- **Speed**: the rate that distance is changing with time
 - Speed is a **scalar** value
 - Variable used: v
 - SI Units: meters per second (m/s)
 - US Customary Units: feet per second (ft/s)
- **Velocity**: the rate that position is changing with time
 - Velocity is the **vector** version of speed
 - Variable used: \vec{v}
 - Units: m/s or ft/s
 - Direction: compass directions, angles, etc.

RELATIONSHIP BETWEEN AVERAGE SPEED AND DISTANCE

- If you're interested in how average speed and distance are related, here are the equations that relate them:
- **Speed** is defined as (change in **distance**) / (change in **time**)
- "Change in ..." is found by taking the final value (**x** or **t**) and subtracting the original value (**x₀** or **t₀**)
 - So speed $v = \frac{x - x_0}{t - t_0}$
- Re-arrange this to find out what **distance** (**x**) is at any time:
 - $x = x_0 + v * t$ or, in words, distance travelled (**x**) depends on where you start (**x₀**), how fast you go (**v**), and how long you travel (**t**)
- This is the familiar 'travel equation': **distance travelled** = (**average speed**) * (**travel time**)

CAR EXAMPLE

- Say that a car is traveling in a straight line at an **average speed** of **60 mph** for **3 hours**.
 - Total **distance** traveled is $(60 \text{ mph}) * (3 \text{ h}) = 180 \text{ miles}$
 - Every hour, the car travels the same distance (60 miles)
- If we include direction, then the car's velocity is **60 mph to the right**. Its position at the end is **180 miles to the right**.



ACCELERATION

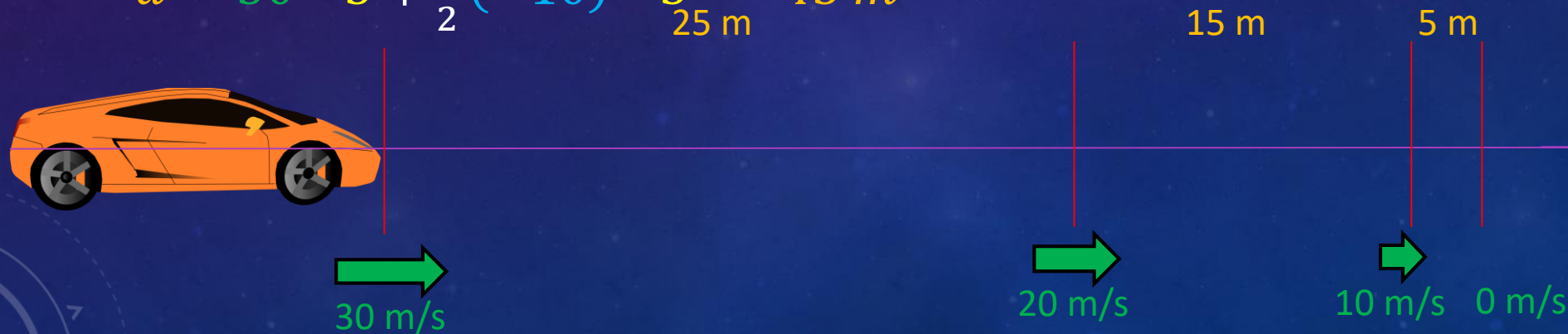
- **Acceleration**: the rate that **speed** is changing with time
 - The same word is used for both the scalar and vector versions. Acceleration in this context is a scalar value.
 - Variable used: a
 - SI Units: meters per second per second (m/s/s or m/s²)
 - US Customary Units: feet per second per second (ft/s/s or ft/s²)
- **Acceleration**: the rate that **velocity** is changing with time
 - Acceleration in this context is a vector value.
 - Variable used: \vec{a}
 - Units: m/s² or ft/s²
 - Direction: compass directions, angles, etc.

RELATIONSHIP BETWEEN SPEED, DISTANCE, AND ACCELERATION

- If you're interested in how speed, distance, and constant acceleration are related, here are the equations that relate them:
- **Acceleration** is defined as (change in **speed**) / (change in **time**)
 - So acceleration, $a = \frac{v - v_0}{t - 0}$
- Combine this with the distance and average speed equation to find distance travelled (**d**) after some time:
 - $d = v_0 * t + \frac{1}{2} a * t^2$ or, in words, distance travelled (**d**) depends on how fast you were going initially (v_0), your acceleration (**a**), and how long you accelerate (**t**)
- Don't forget that direction is indicated by sign, so that if you decelerate, **a** is a negative number

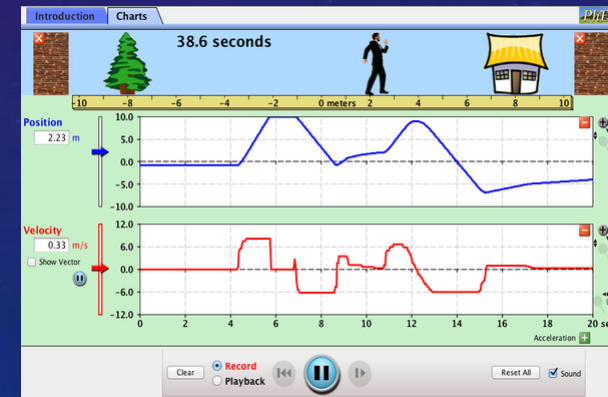
CAR EXAMPLE

- Say that a car is traveling in a straight line at an **initial speed** of **30 m/s**. The driver hits the brakes and **decelerates** to a stop at **10 m/s²** for **3 seconds**.
 - The speed decreases by **10 m/s** each second.
 - The car travels a gradually decreasing **distance** every second.
 - What total distance did the car travel in those **3 seconds**?
 - $d = 30 * 3 + \frac{1}{2} (-10) * 3^2 = 45 \text{ m}$



'MOVING MAN' SIMULATION

- The 'Moving Man' simulation lets you experiment with the relationships between the quantities of position, velocity, and acceleration
- It can be found here:
<https://phet.colorado.edu/en/simulation/legacy/moving-man>
- Let's play with the simulation:



- (You may need to install Java script in your browser:
<https://java.com/en/download/>)

CONCLUSION

- Motion in one dimension can be described using these terms:
 - **Distance travelled** (a scalar value) or **position** (a vector value)
 - **Speed** (scalar) or **velocity** (vector), which measures **distance/position** changes with **time**.
 - **Acceleration** (scalar or vector), which measures **speed/velocity** changes with **time**.
- In the special case of constant speed (no acceleration) we can use the travel equation:
 - **Distance** = **speed** * **time**
- In the special case of constant acceleration, we observe the following:
 - **Speed** changes by the *same amount* every second.
 - **Distance travelled** changes by a gradually *increasing* (or *decreasing*) amount every second.